

# INTERVIEW ATTIRE & GROOMING

**"CONSERVATIVE" is the key!!!**

## **MEN & WOMEN:**

- Bathe
- Brush teeth
- Use deodorant
- Wear clean, well-pressed, tailored (fits well) clothing
- Hair...neat, clean, out of face
- Light cologne / perfume - if any
- Avoid smoke...it sticks
- Don't drink prior to an interview
- Don't chew gum



## **MEN:**

- 2 piece dark, conservative style suit (dark blue or dark gray recommended)
- Long-sleeved dress shirt...white is always safe
- Tie - show some color, but leave your novelty tie at home  
A tie should hit at the belt line when correctly tied
- Shoes - black or dark burgundy / cordovan, polished
- Belt - same color as your shoes, not more than 1" width, simple buckle \*
- Suspenders / Braces - solid color that matches tie or suit \*  
*\* Belt OR suspenders, NOT both*
- Facial Hair - clean shaven is the most conservative; well-groomed mustache / beard acceptable

## **WOMEN:**

- Conservative, professional style and color of suits...try on several different styles to see what you look best in (wear nylons when trying on), but do stay away from bright colors, i.e. red, fuchsia
- Skirt length - knee length, nothing too short
- Wear a slip if your skirt isn't lined
- Tailored pant suits are acceptable
- Blouse - basic shell, stay away from low necklines
- Hosiery - either natural or the color of your shoes if wearing black or navy
- Shoes - basic pumps, dark colors, polished
- Jewelry - nothing to attract too much attention, one ring per hand
- Makeup - light makeup, stay away from bright colors
- Fingernails - clear polish is safest...doesn't show chips

## **Things to keep in mind when buying interview attire:**

- Be sure to sit down to see how it fits
- Look through your closet first to know what clothes you may be able to mix and match